



## Alcohol and drug-free cafe and self-help groups in Dock Nord

Dock Nord is a meeting place for anyone who has problems with alcohol and/or drugs.

If you want to get in touch with like-minded people or self-help groups, we are open from Monday to Saturday.

Current opening hours and dates can be found on our website.

### Self-help groups

The association offers individual counselling and help for self-help and provides rooms for 7-9 self-help groups.

### How to get to a support group

- With us you can simply come to the Dock Nord and ask around
- or contact us by email or telephone.
- In some cases, direct contact with the self-help groups is also possible by email or telephone.

Detailed information about the groups on the website under "Our groups".

## Dock Nord Berlin

The *Verein für suchtfreies Leben Eigeninitiative e.V.* (association for addiction-free living) is standing behind the Dock Nord contact point - an alcohol- and drug-free meeting place in Berlin-Wedding.

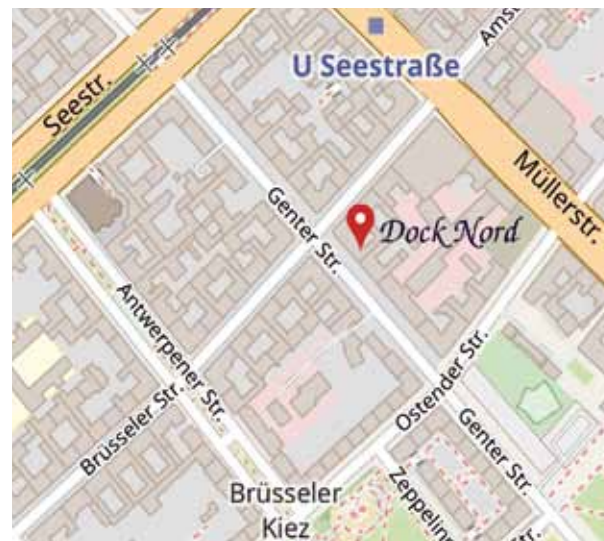
The non-profit and autonomous association has been offering support and self-help since 1983 - from those affected for those affected.

### Contact

Center Str. 56 | 13353 Berlin-Wedding  
Phone 030 453 60 88  
info@Dock-Nord.de | www.Dock-Nord.de

### Where to find us

- Via underground station Leopoldplatz (U6, U9) or underground station Seestraße (U6)
- Tram Seestraße (50, M13)
- From Müllerstraße, go into Brüsseler Straße at the "Citipoint", then turn left into Center Straße.



## Dock Nord Berlin

Alcohol-free contact point  
Café in Berlin-Wedding

*Verein für suchtfreies Leben  
Eigeninitiative e.V.  
(Association for Addiction-Free Living)*

## Cafe and meeting place

Events and meetings take place in the café, for example

- Evening lectures on addiction-related topics
- On every 2nd Saturday of the month from 9.00 a.m. we breakfast together – guests are also invited.
- The spring festival and the joint Christmas party are also very popular

**You are always welcome!**



## Get in touch with us

You can simply drop by without registering. There is always someone from the association you can talk to, e.g. if you have questions about the self-help groups or if you are looking for a conversation.

### Food and drinks

In addition to changing stews and daily specials, you can also get hot sausages and "Bulletten" (a kind of German beefsteak).

With your coffee (or tea or cocoa) we offer a piece of cake or pie and in summer an ice cream – all at reasonable prices.



## Participate and donate

The "*Verein für suchtfreies Leben Eigeninitiative e.V.*" is the sponsor of the Dock Nord.

We welcome new members and volunteers!

Learn more about our association and its activities on the website.

### Account details

*Verein für suchtfreies Leben Eigeninitiative e.V.*

Berliner Volksbank

IBAN: DE90 1009 0000 7048 1030 00

BIC: BEVODEBB

